

STEP 6 – ADDITIONAL ABCS



ABCs Examples

- A. Alert
- B. Stick on Ice
- C. Rip puck

- A. Relentlessly hound the puck
- B. Active stick/Stick on puck
- C. Be physical

- A. Sneaky
- B. Fast
- C. Deceptive

- A. Make great reads
- B. Box out net front
- C. Fast Feet

- A. Shifty
- B. Creative
- C. Fast

- A. Be alert
- B. Crisp passes
- C. Rip the puck violently

- A. Keep my feet moving
- B. Win all battles
- C. Get the puck out

- A. Play Sneaky
- B. Great 1st Pass
- C. Hit Hard